

Wild

Challenge

Do 50 wild things to get your badge

In 2019 we launched our Get Wild Challenge in celebration of our 50th anniversary. Individuals, families, schools and groups can all get involved by doing 50 wild activities to earn their award.

On this printable activity sheet, you will find 100 wild activities to choose from. You need to complete 50 of these to earn your challenge badge. You can tick them off as you do them, or if you are at one of Staffordshire Wildlife Trust's qualifying events, we will stamp it for you.

The activities are organised into five categories - *Action for Wildlife, Discover and Learn, Explore, Be Active,* and *Be Creative.* You can choose whichever activities you would like to do, or you may want to set yourself or your group an extra challenge to complete 10 from each!

Look out for the V symbol for activities that have a handy fact sheet that you can find on our Wildlife Watch website: www.wildlifewatch.org.uk/activity-sheets

Once you have completed your 50 wild activities you will need to take a photo of your filled in activity sheets and email it to getwild@staffs-wildlife.org.uk to receive your certificate.

Once the Wolseley Centre is open again you will be contacted to see if you would like to receive a physical GetWild Challenge badge (either a pin badge or sew on badge) for a donation of £1.50.

Most of the activities can be done almost anywhere outdoors; fields, parks, woods, nature reserves or in your own garden. Why not see how many different places you can do the activities in? Or see how many of Staffordshire Wildlife Trust nature reserves you can visit? To find out more about our reserves, visit: www.staffs-wildlife.org.uk/explore/our-nature-reserves

**50** years

wild

Registered charity no 259558 Limited company no 95960

Looking after Staffordshire's Wildlife

### Action for wildlife

### $\mathbf{\overline{V}}$

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*	Make a bird feeder	
*	Make a butterfly feeder	
*	Make a hedgehog home	
*	Leave an area of your garden wild	
*	Make seed bombs	
*	Litter pick	
1	Build a mini pond	
1	Build a bug hotel	
*	Build a nest box	
*	Reduce your plastic use	
	Raise money for your Wildlife Trust	
	Put out water for the birds	
	Leave out sugar water for the bees	
	Plant wildflowers in your garden	
	Feed the ducks (duck food, not bread!)	
	Make a log pile for minibeasts	
*	Plant vegetables for wildlife	
	Make a bat box	
*	Make a mini nature reserve	
	Leave food and water out for hedgehogs	

	V
Get to know a tree	
Learn how to identify a new bird	
Learn how to identify a new minibeast	
Learn to cook on a campfire	
Count spots on 5 ladybirds	
Look at leaf veins up close	
Count how many birds visit your garden	
Learn how to use binoculars	
Listen to birds singing	
Use a map and compass	
Spot constellations at night	
Find a bee and follow its journey	
Collect 5 leaves and identify them	
Watch birds feed their young	
Watch birds at a bird feeder	
Read a Wildlife Watch magazine	
Watch moths using a light trap	
Photograph the same place each season	
Discover 5 different textures in nature	
Listen to a tree heartbeat with a stethoscope	

Discover and learn

### Explore

# V

*	Go pond dipping	
*	Discover animal tracks and signs	
	Lie on the grass and explore a mini world	
	Visit and explore a Trust reserve	
	Spot a bird of prey	
	Draw a map of a reserve as you walk	
	Go on a bug hunt	
	Go on a bird walk	
	Search for different coloured leaves	
	Find a birds' nest	
	Slowly wander in wild spaces	
*	Go on a scavenger hunt	
	Find 5 butterflies	
	Find a fairy door	
	Lie in long grass	
	Eat fruit straight from a tree	
	Find a worm, let it wriggle on your hand	
	Find the perfect spot for a picnic	
	Follow a trail of ants	
	Go for a walk in the woods	

#### Be active

## V

	Play a game of conkers	
	Climb a tree	
	Build a den	
	Workout outdoors	
	Have an adventure in the rain	
	Roll down a hill	
	Run down a hill	
*	Build a tree house	
	Jump in puddles	
	Build a rope swing	
	Pick wild fruits	
	Skim a stone	
_	Play pooh sticks	
*	Try wild yoga	
	Walk barefoot outside	
	Make a snow angel	
	Put up a hammock to sleep in	
	Make an obstacle course in the woods	
	Jump over waves	
	Fly a kite	



#### **Be** creative

*	Make a wild cocktail	
	Make a wild music instrument	
	Find a special spot and listen to wildlife	
	Whittle a marshmallow stick	
	Make a clay creature	
	Make your own stick man	
	Draw your favourite wildlife	
	Look for familiar shapes in the clouds	
	Count raindrops falling on your head	
	Taste the snow as it falls	
	Smell the earth after it's just rained	
	Photograph frost on a chilly morning	
	Listen to rain on the leaves	
	Make a mud cake	
	F ind ten different colours in nature	
	Play nature I spy	
	Write a nature journal	
	Make leaf bunting using wool and fallen leaves	
	Find a special stick and make a magic nature wand	
	Make a big picture using natural materials	

### Claim your badge

# Please fill in and return this form to receive your Get Wild badge.

Name:

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Address to post badge to:

Please tick whether you would like a sew on badge or pin badge: Sew on badge I Pin badge Please tick this box if you are

you happy to receive emails about Staffordshire Wildlife Trust's work for wildlife including events, volunteering, fundraising and other activities.

#### Email:

Please take a photo of your filled in form along with one of your completed activity sheet and email it to getwild@ staffs-wildlife.org.uk to get your certificate.

Once the Wolseley Centre is open again you will be contacted to see if you would like to be given a pin badge or sew on badge

Your personal data is treated in the strictest confidence by Staffordshire Wildlife Trust. A copy of our Privacy Policy can be found at www.staffs-wildlife.org.uk