

What is Forest School?

Forest School is a holistic educational process that aims to raise self-awareness and self-esteem in an outdoor, non-classroom environment. Children participate in small achievable tasks, connecting them with the environment and encouraging free exploration.

Sessions take place over a minimum of half a term, and are led by Staffordshire Wildlife Trust's qualified and experienced Forest School leaders.

Group sizes are kept to a maximum of 15 children to ensure each child gets the support they need and participants achieve personalised outcomes. Sessions can be tailored to all age groups and abilities.

Benefits for children who take part in Forest School

- Increased confidence and self-esteem
- Heightened self-awareness and improved behaviour
- Better group working and a sense of community
- An understanding of risk and how to stay safe
- Understanding of own and other's needs, developing empathy
- Improved gross and fine motor skills, communication and language
- Knowledge of the natural environment
- Learning how to make healthy choices
- A positive relationship to learning and meeting new people





Staffordshire Wildlife Trust has a strong reputation of Forest School delivery across the county. We've worked with numerous schools over the years, and have trained hundreds of teachers and staff to become accredited Forest School Level 3 practitioners.

Prices

Half-term of delivery £1,250
Year of delivery £6,000

We also offer staff training and taster days

We offer training courses so your own staff can become Forest School Leaders and Assistants. Our training team are OCNWM approved Forest School trainers. We're also happy to deliver taster days for your students and staff. Get in touch for more details.

Forest School Practitioner, Level 3 £975

A five day intensive course in becoming a Forest School Leader, followed by two skills days which focus on the development and assessment of practical skills. Course also includes a 16 hour First Aid training and qualification. Assessment takes place in your own setting.

Enquiries are also welcome about our Levels 1 and 2 training.



"Forest School is an inspiring way to teach children while linking outcomes to the National Curriculum. It's a great way of encouraging learning and boosting self-esteem outside the classroom. On my first Forest School session, I could see even the most reserved children gaining enough self-confidence to mentor fellow learners."

New Forest School practitioner

"Children were visibly different back at school following their sessions, and as the weeks progressed it was evident that the experience was having a lasting positive effect on them. One boy with poor attendance prior to attending Forest School, is now in school every day. This is a direct impact of attending Forest School sessions."

Staffordshire head teacher



Please contact us for more information on Forest School for your students or staff training:
getwild@staffs-wildlife.org.uk 01889 880 100 www.staffs-wildlife.org.uk