How to go pond dipping

**Be prepared:**

- wear old clothes and wellies
- cover all cuts and scratches with waterproof plasters
- go with a friend, and take a responsible adult too
- take a field guide if you have one
- take a net, shallow tray or washing up bowl and a jam jar

1. Put a small amount of pond water into your tray/bowl
2. Dip your net in the pond and pull it through the water - try a figure of 8
3. Empty your net into the tray/bowl and look carefully (some creatures are very small)
4. Use a camera, sketchbook and notes to record what you find
5. When you've finished, gently empty the tray/bowl, wash your hands and disinfect the net

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